

### S-104 Lat Pulldown

#### Specifications:

##### Dimensions:

US 46" W X 48" L X 63" H

Metric 117 cm W X 122 cm L X 160 cm H

##### Weight Stack:

US 265 lbs. total, 3-5 lb, 1-10 lb, 7-20 lb

Metric 120 kg total, 3-2 kg, 1-4 kg, 7-9 kg

##### Total Weight:

US 760 lbs.

Metric 345 kg



#### Features:

- Lever type design for proper biomechanics and safety.
- Swing-type handles allow user defined path of motion during the exercise.
- Starting range adjusts to 8 positions for various size trainees.
- Leg hold-down adjusts to 8 positions for various size trainees.
- Smart Strength technology offers 9 different cam profiles simply by adjusting the cam; resistance curves are altered to stimulate different muscle fibers.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.
- Weight stack plates are labeled in both US customary and metric units of measure (lbs./kg)