

### S-129 Pec/Rear Delt

#### Specifications:

##### Dimensions:

US 54" W X 36" L X 63" H

Metric 137 cm W X 91 cm L X 160 cm H

##### Weight Stack:

US 265 lbs. total, 3-5 lb, 1-10 lb, 12-20 lb

Metric 120 kg total, 3-2 kg, 1-4 kg, 12-9 kg

##### Total Weight:

US 625 lbs.

Metric 283 kg



#### Features:

- Dual unit, both pectoral fly and rear delt fly
- Arms pivot to accommodate to various size trainees.
- Four bar linkage, gas-assisted seat adjusts to 8 positions to accommodate various size trainees and to adjust pre-stretch.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Smart Strength technology offers 9 different cam profiles simply by adjusting the cam; resistance curves are altered to stimulate different muscle fibers.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.
- Weight stack plates are labeled in both US customary and metric units of measure (lbs./kg)