

### S-136 Pullover

#### Specifications:

##### Dimensions:

US 52" W X 58" L X 63" H

Metric 132 cm W X 147 cm L X 160 cm H

##### Weight Stack:

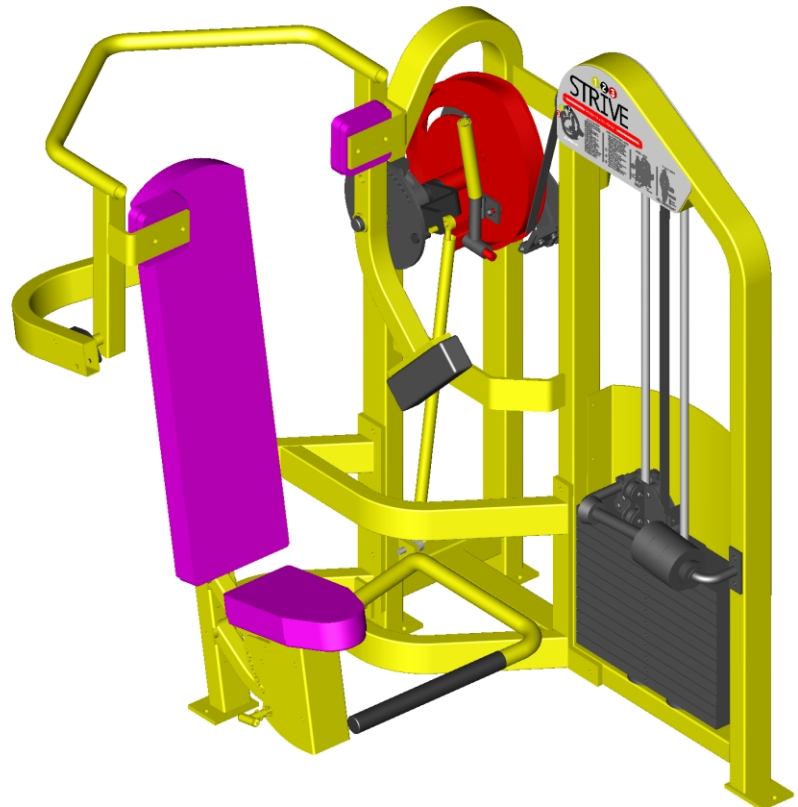
US 265 lbs. total, 3-5 lb, 1-10 lb, 12-20 lb

Metric 120 kg total, 3-2 kg, 1-4 kg, 12-9 kg

##### Total Weight:

US 630 lbs.

Metric 286 kg



#### Features:

- Fourbar linkage, gas-assisted seat has 8 adjustment positions to accommodate various size trainees.
- Arm design design allows for wide, and narrow grip, and/or elbow pads for comfort.
- Foot assist for desired prestretch.
- Starting range limiter adjusts to 8 positions for safe comfortable starting position.
- 10° angled back pad allows the head to be above the heart for comfort and ease of entry or exit.
- Smart Strength technology offers 9 different cam profiles simply by adjusting the cam; resistance curves are altered to stimulate different muscle fibers.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.
- Weight stack plates are labeled in both US customary and metric units of measure (lbs./kg)