



...for interactive fitness!

Television, computers and video games have replaced many of the physical activities we once enjoyed. Exercise is crucial for a healthy lifestyle, but it has to be fun, especially for today's youth.

Strive is committed to creating exciting interactive fitness equipment, and taking the "work" out of "working out." Interactive fitness combines fun and entertainment with extraordinary physical benefits, engaging youth and adults alike. These games improve health while developing strength, agility and endurance.

*Strive provides the most innovative fitness equipment on the market today. Continual research and development puts us on the cutting edge of this essential market.*





... for all ages!

Strive's goal is to provide refreshingly new experiences for audiences of all ages, to keep them motivated as well as physically fit.

### 3KICK™

A reaction trainer like no other, this game provides an excellent cardio workout for any training level. Made with tough heavy steel construction and foam contact pads, it can withstand the energy of all ages. Follow the light and sound indicators and hit the target with hands or feet for a fun full body workout.

Dimensions: 8'5" x 8'5"

### HeavyBall™

A great medicine ball workout for young and old, the steel pipe construction and customized "tough tubes" come together to make a resilient machine. Drop the ball in the tube top and retrieve it when it bounces off the bottom pad. Race the clock for a great workout and loads of fun!

Dimensions: 7'5" x 7'5"-corner set-up (pictured),

5' x 4'6"-triangle set-up, 11'9" x 16" straight set-up

### JumpQ™

Jumping up and down now has a new twist with the JumpQ. Designed to provide an incredible lower body workout, it also increases a users' reaction time. The heavy duty steel construction and cushioned rubberized non slip tread platforms make it tough enough for everyone. Jump on the pad that lights and you're off to the race!

Dimensions: 7'5" x 4'7"

### High5™

The High5 is one of many new games on the horizon, scheduled for release in '09. More exciting additions to come soon!

Call 800-368-6448

strivefit.com | 800.368.6448

210 Valleybrook Road | McMurray, PA 15317