

K-105 Leg Extension

Specifications:

Dimensions:

US 48" W X 43" L X 52" H

Metric 122 cm W X 109 cm L X 132 cm H

Weight Stack:

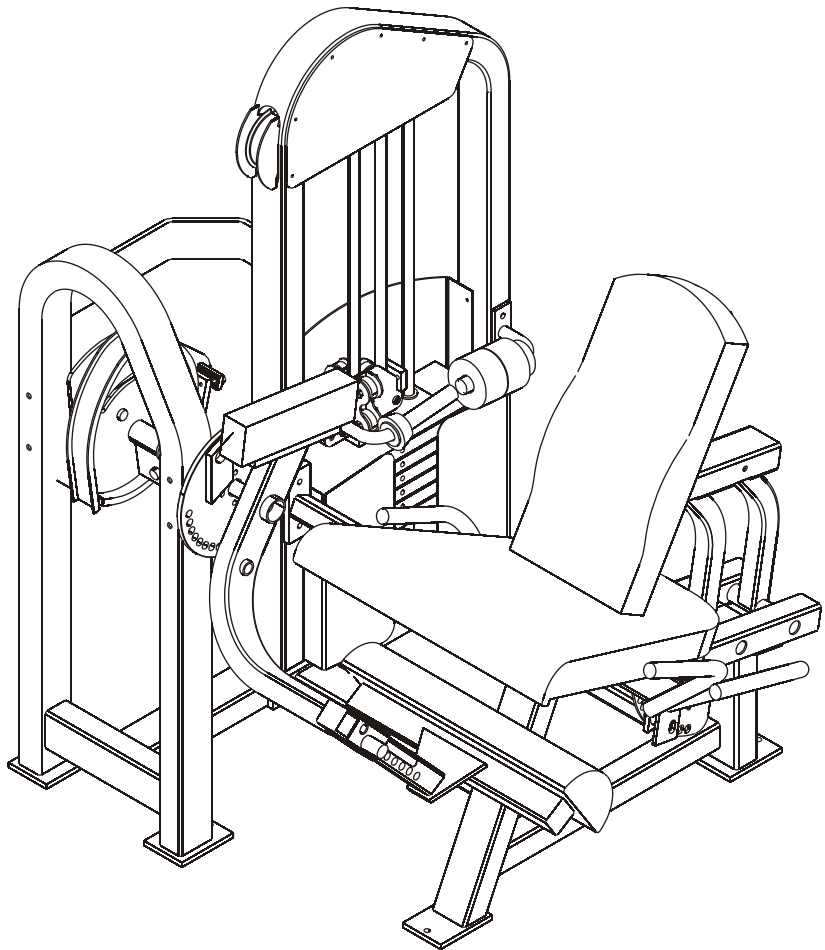
US 200 lbs. total, 2-5 lb, 1-10 lb, 12-15 lb

Metric 90 kg total, 2-2 kg, 1-4 kg, 12-7 kg

Total Weight:

US 485 lbs.

Metric 220 kg



Features:

- Four bar linkage, gas-assisted back rest adjusts to 8 positions to accommodate various size trainees while user is in exercise position.
- Built-in starting range limiter adjusts in 10° increments with 8 adjustment positions.
- Center leg pad is designed for ease of adjustment for different size trainees.
- 25° angled seat pad places the trainee in the correct exercise position for isolation of the quadriceps.
- Smart Strength technology offers 3 different cam profiles simply by adjusting the cam; resistance curves are altered to stimulate different muscle fibers.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.
- Molded back rest for proper lumbar support.
- Adjustable cam has been modified to create strength curves specific for youth.