

K-123 Functional Trainer

Specifications:

Dimensions:

US 66" W X 47" L X 94" H

Metric 168 cm W X 119 cm L X 239 cm H

Weight Stack:

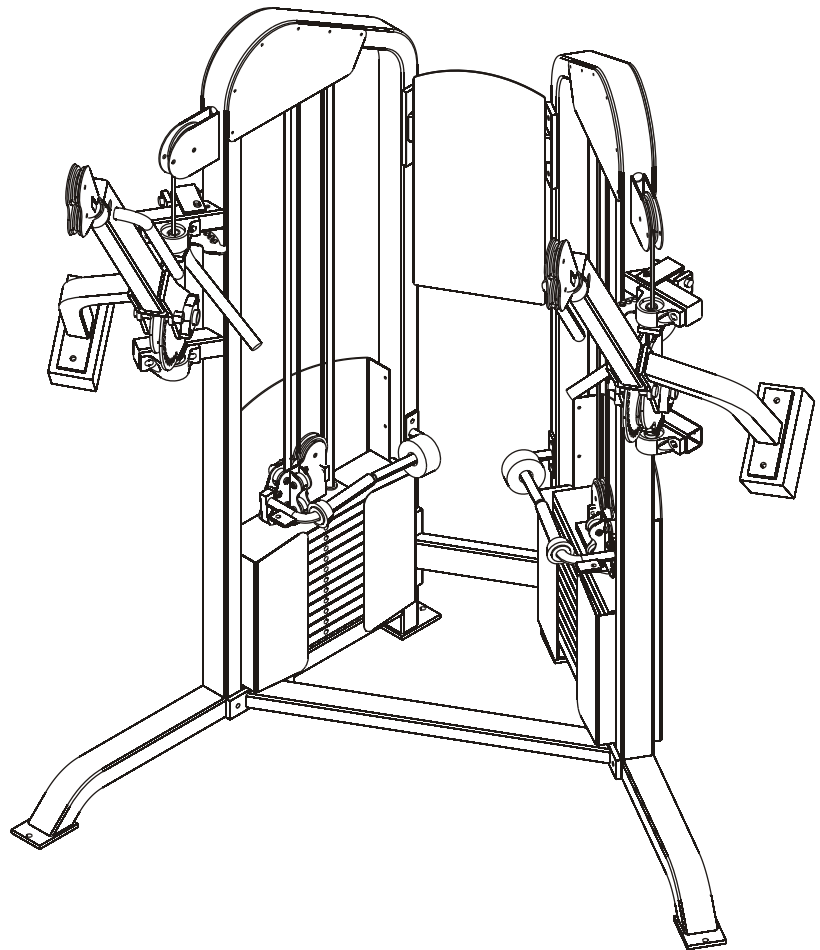
US 135 lbs. total, 1-5 lb, 1-10 lb, 12-10 lb

Metric 61 kg total, 1-2 kg, 1-4 kg, 12-4 kg

Total Weight:

US 470 lbs.

Metric 213 kg



Features:

- Dual weight stack
- Counterbalanced arms adjust in 10° increments vertically with 13 adjustment positions and horizontally with 8 adjustment positions.
- Detailed exercise instructional placard
- Accessories include (2) D-rings, (1) rope, and (1) ankle strap.
- Add on weights in 5 lb increments allow the trainee to fine tune their resistance requirements.
- Roller bearings are used to guide the weight stack top plate creating a smoother motion and consistent stem alignment.

This unit is not equipped with Smart Strength™.